

hang on
the wall
or on the
fridge!

Milk Teeth Chart®

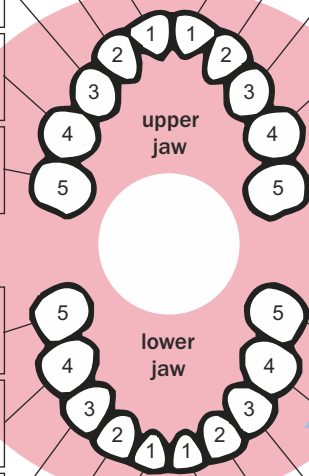


belongs to, born on/.../..., in

1. incisor tooth	eruption / /
	lost / /
2. incisor tooth	eruption / /
	lost / /
3. canine tooth	eruption / /
	lost / /
4. molar	eruption / /
	lost / /
5. molar	eruption / /
	lost / /

5. molar	eruption / /
	lost / /
4. molar	eruption / /
	lost / /
3. canine tooth	eruption / /
	lost / /
2. incisor tooth	eruption / /
	lost / /
1. incisor tooth	eruption / /
	lost / /

Use this chart to indicate when which tooth erupted and came out.



Glue or pin this chart to the wall, for instance in a children's room or on the fridge

1. incisor tooth	eruption / /
	lost / /
2. incisor tooth	eruption / /
	lost / /
3. canine tooth	eruption / /
	lost / /
4. molar	eruption / /
	lost / /
5. molar	eruption / /
	lost / /

5. molar	eruption / /
	lost / /
4. molar	eruption / /
	lost / /
3. canine tooth	eruption / /
	lost / /
2. incisor tooth	eruption / /
	lost / /
1. incisor tooth	eruption / /
	lost / /

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when the first Tooth comes out.
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About Milk Teeth



The development of milk teeth

From six months onwards, the teeth and molars start growing. They erupt and come out after (in average):

	Eruption	Lost
1. incisor tooth	8-9 months	6-8 year
2. incisor tooth	12-30 months	7-9 year
3. canine tooth	20 months	10-11 year
4. premolar	16 months	9-11 year
5. premolar	12-30 months	11-12 year
—		
6. first molar	5-6 jaar	
7. second molar	11-12 jaar	
8. wisdom tooth	18-21 jaar	

Transition of milk teeth

When you are five or six years old, your teeth start to change. First your front teeth come loose and are replaced and then the rest follows. The roots dissolve; the crowns fall out and are replaced by the permanent teeth. Only until you have reached the age of 12, this period of replacement is over.

Adult teeth

The first molar of the new teeth erupts when you are approximately 6 years old. This molar appears at the back of the milk molars. When you are about 13 years old, you have been provided with permanent teeth, except for one type of molar. Between the age of 18 and 21 your wisdom teeth (third molars) will erupt. However, this does not happen to everybody.

Note: once your tooth or molar starts standing loose than this is a sign that the process of mixing has started. Never force teeth which are loose, this may cause damage and is not necessary because the tooth or molar will finally fall out by itself.

For Parents: Tips from the Dentist for beautiful, strong and healthy teeth.

Start as early as possible with brushing the milk teeth of your child. Use a small brush with firm hairs and use a toothpaste containing fluoride.

Limit the number of occasions on a day that sweets are eaten tot a minimum.
Starting at 2 years visit the dentist twice a year.

The complete permanent teeth consist of 32 teeth.

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